



## **4 FOOD PACKAGE/DRAFT ISSUANCE**

*Effective: 3/1/98*

### **4.1 Food List/Food Packages: Overview**

*Revised: 3/1/01*

**POLICY:** The foods and food packages issued to WIC participants are based on the Federal WIC Regulations. Local WIC Projects must issue food packages according to Federal WIC Regulations and State policies.

**BACKGROUND:** One of the benefits of WIC is supplemental foods. The foods provided by WIC provide the nutrients most likely to be inadequate in the diets of lower income women, infants, and children (e.g., iron, calcium, Vitamin A, Vitamin C). The Federal WIC Regulations specify the types and maximum quantities of foods that are provided to the various categories of WIC participants. States select the specific foods and design the system by which they will be provided. In Wisconsin, the Approved Food List is developed every other year, in conjunction with the vendor authorization process. Food packages, consisting of drafts that specify the foods and quantities, are revised or developed as needed, and automated (i.e., computerized). The automated food packages are identified on the Food Package Tailoring/Selection Charts. A CPA prescribes the food package to be issued to each participant, taking into consideration the participant's nutritional needs and preferences. The clerk tailors the quantities based on the assigned pick-up days. The participant redeems the drafts at an authorized vendor (store).

The Farmers' Market Nutrition Program (FMNP) provides fresh, nutritious, unprepared Wisconsin grown fruits, vegetables, and herbs to eligible WIC families. FMNP drafts are issued in addition to WIC drafts. However, the FMNP food package is issued one per family (not each participant). Families will receive only one FMNP food package per year.

**PROCEDURE:** See the following policies in this section of the Operations Manual.